



THE ULTIMATE GUIDE
TO A RELAXED
ENGAGEMENT SESSION

wedding photographer

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Thank you for downloading this guide !

Let's see how to approach your engagement / couple session so you to know what to expect and be ready for it.

Happy reading !

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Not knowing what to expect is a source of stress. It's easier to relax if you know what is going to happen, therefore, let's see how to envision your couple session.

1 | GET STARTED

When we meet at the location, we'll start chatting and walking around. Only after a moment I will start directing you and turn my camera on. Your energy will drive the shooting and guide my directions.

You're ecstatic and willing to jump around? Great! Then I won't ask you to quietly sink into each other arms. On the other hand if the landscape makes you feel contemplative, I would let the mood soak in and give you some guidance for your interactions to reflect the beauty of the moment.

What to expect ?

As explained in the related article « 5 reasons why you should consider booking an engagement session » on my website, I know many ways to make you feel comfortable and foremost be yourselves in front of my cameras, so you don't have to browse the internet to learn the in-and-outs of professional posing although I'd be happy to give you the link to a great posing guide for couples if you want to know the ins and outs of it.

Please don't feel like you have to smile or look towards the camera all the time, we are looking for genuine expressions, and a natural and relaxed vibe overall.

Wear your favourite clothes

You don't need to go shopping, simply pick the clothes you like and feel comfortable wearing. Depending on where you want it to take place, wear the appropriate ones. If you'd like to go to a mountain lake that involves some hiking, grab your regular hiking boots and clothes and pack a nice outfit in your bag.

If you choose to bring several outfits, make them very different as it will give us some nice variations. Don't be afraid to wear bright colours but try to avoid horizontal lines or shirts that have text on them as it would distract the viewer's attention from your expressions.

Try outfits together in front of a mirror, I guarantee you a good time !

2 | OUTFITS

Bring one or two outfits...

But not your entire wardrobe ! Keep in mind we'll need to carry these extra clothes around.

« Simply pick the clothes you like and feel comfortable wearing »

And accessories...

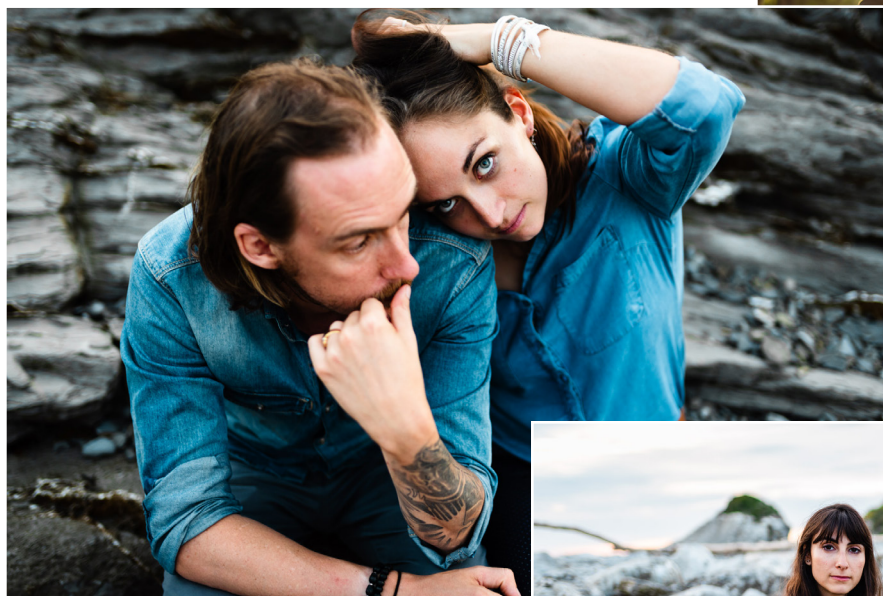
The scarf your grand-mother patiently crafted with love ? This hat you brought back from South-Africa ? Take them with you ! Plaids are also some of my favourite props as you can wrap each other in or lay on it.



Empty your pockets

You don't want to end up having images with your bulky cellphone bulging out ! I'll have a bag and I will be happy to carry them around.

This will also ensure you're not distracted by any notificatins or call during the shoot.



" I'll have a bag and I will be happy to carry them around. "

4 | DISCONNECT



5 | DARE



Bring your pets

I know they are an important part of your lives and I'd love them to be featured. Your little furry friend will also help you getting relaxed and create nice interactions and laughs. Please let me know beforehand so I make sure to call an assistant-pet-lover to take care of them for the remainder of the session.

Be bold

You share a common passion for surfing? Grab your boards, boardshorts and wetsuits and let's jump in the water! We'll also take photos after the surfing, the two of you running on the beach splashing and kissing each other at sunset for instance. Off course we can do this with almost any activities you dig.

Get emotional

Prior to the engagement session you could write something you'd like to tell your beloved one during the shoot.

If you choose to do so try to keep it to yourself until the shoot to let me capture the genuine reactions. If you don't want me to hear what you have to say, you can whisper in her / his ear.

" If you don't want me to hear what you have to say, just whisper in her / his ear. »

6 | FEEL



Have fun

This moment is your moment, it's all about you. Focus on each other rather than on my camera, think about your couple, talk and laugh, cry, jump, run, kiss, fight (gently) and do whatever you feel like doing !

You should now have a pretty good idea of what to expect for your couple session and I can't wait to share this great moment with you ! If you have any questions please feel free to ask.

See you soon !



If you did not book your couple session yet, I'd love to hear
what you plan for yours !

Charles





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